



Fitness Products Direct, LLC.

Name	SKU	Specs	Retail Price
<i>Weight Lifting Racks</i>			
Deluxe Power Rack	FPD-355-DPR	L-66.73" W-70.12" H-89.37" 180 lbs	\$ 1,540.00
DPR Dip Attachment	FPD-355-DP	N/A	\$ 152.00
Functional Trainer	FPD-686-FT	L-45.71" W-59.8" H-85.75" 815.7 lbs	\$ 3,600.00
Half Rack	FPD-101SM-HR	L-67.63" W-63.39" H-88.27" 306 lbs	\$ 1,566.00
Power Rack	FPD-682-PR	L-49.61" W-55.71" H-85.32" 257.1 lb	\$ 1,320.00
PR Dip Attachment	FPD-S-682-DP	N/A	\$ 152.00
PR Plate Storage	FPD-S-682D-PTS	N/A	\$ 250.00
Squat Stands	FPD-77-SS	L-27.83" W-35.24" H-82" 110.23 lbs	\$ 384.00
VKR-Dip	FPD-870-VKR	L-43.23" W-43.11" H-92.2" 148.8 lbs	\$ 750.00
<i>Weight Lifting Benches</i>			
Flat Bench	FPD-Z622B	L-29.53" W-50.59" H-17.72" 55.12 lbs	\$ 304.00
FID Bench	FPD-8052-FID	L-47.64" W-28" H-18.11" 35 lbs	\$ 430.00
Glute Ham Developer	55-GHD	L-78.03" W-31.5" H-56.81" 154.32 lbs	\$ 652.00
Multi-Adjustable Bench	FPD-624-MAB	L-29.53" W-57.6" H-18.5" 99.21 lbs	\$ 590.00
<i>Weight Lifting Bars</i>			
6' Olympic Bar	FPD-B2472	N/A	\$ 150.00
7' Olympic Bar	FPD-1200	N/A	\$ 200.00
Curl Bar	FPD-B28	N/A	\$ 144.00
High Alloy Steel Olympic Bar	FPD-XL2202	N/A	\$ 390.00
Olympic Hex Bar	FPD-HB72	N/A	\$ 270.00
Ultra Lite 6' Olympic Bar	FPF-LB-LB7202	N/A	\$ 172.00
Lock Jaw collars	FPD-LJC	N/A	\$ 34.00
<i>Weight Lifting Plates</i>			
Competition Bumper Plates	FPD-CBP	N/A	
	FPD-CBP-25	25lb	\$ 148.00
	FPD-CBP-25	35lb	\$ 181.00
	FPD-CBP-25	45lb	\$ 210.00
	FPD-CBP-25	55lb	\$ 237.00
Hi Temp Crumb Bumper Plate	FPD-HTCB	N/A	
	FPD-CBP-25	10lb	\$ 35.00
	FPD-CBP-25	15lb	\$ 49.00
	FPD-CBP-25	25lb	\$ 71.00
	FPD-CBP-25	35lb	\$ 94.00
	FPD-CBP-25	45lb	\$ 113.00
	FPD-CBP-25	55lb	\$ 140.00
Rubber Bumper Plates	FPD-RBP	N/A	
	FPD-RBP-10	10lb	\$ 31.00
	FPD-RBP-15	15lb	\$ 40.00
	FPD-RBP-25	25lb	\$ 62.00
	FPD-RBP-35	35lb	\$ 82.25
	FPD-RBP-45	45lb	\$ 105.75
	FPD-RBP-55	55lb	\$ 129.25

Rubber Grip Plates	FPD-RBP	N/A	
	FPD-RGP-2.5	2.5lb	\$ 5.62
	FPD-RGP-5	5lb	\$ 11.25
	FPD-RGP-10	10lb	\$ 22.50
	FPD-RGP-25	25lb	\$ 56.25
	FPD-RGP-35	35lb	\$ 78.75
	FPD-RGP-45	45lb	\$ 101.25
<i>Weight Lifting Attachments & Storage</i>			
Bumper Plate Storage Rack	FPD-BPR	N/A	\$ 144.00
Olympic Plate Tree	FPD-662-OPT	L-32.68" W-29.53" H-43.31" 63.93 lbs	\$ 326.00
Pull Up Bar	FPD-PUB	N/A	\$ 132.00
Machine Attachment Bar Set	FPD-MB-CP	N/A	\$ 475.00
Triceps "Hammer" Rope Single Grip	FPD-PB-35	N/A	\$ 19.99
Triceps "Press Down" Rope Double Grip	FPD-PB-15	N/A	\$ 29.99
Triceps "Press Down" Bar w/ PU Ergo Grips	FPD-PB-36	N/A	\$ 24.99
Triceps Full Extension Bar Revolving w/ PU Ergo Grips	FPD-PB-14	N/A	\$ 34.99
20" Straight Bar Revolving w/ PU Ergo Grips	FPD-PB-11	N/A	\$ 29.99
34" Pro Style Lat Bar Revolving w/ PU Ergo Grips	FPD-PB-09	N/A	\$ 44.99
24" Pro Style Lat Bar Revolving w/ PU Ergo Grips	FPD-PB-12	N/A	\$ 44.99
Multi-Exercise Bar Revolving w/ PU Ergo Grips	FPD-PB-16	N/A	\$ 44.99
48" Lat Bar Revolving w/ PU Ergo Grips	FPD-PB-07	N/A	\$ 49.99
36" Lat Bar Revolving w/ PU Ergo Grips	FPD-PB-08	N/A	\$ 34.99
28" Curl Bar Revolving w/ PU Ergo Grips	FPD-PB-10	N/A	\$ 29.99
Multi-Purpose "V" Bar w/ PU Ergo Grips	FPD-PB-32	N/A	\$ 34.99
Deluxe Stirrup w/ PU Ergo Grips, Nylon Bushings	FPD-PB-17	N/A	\$ 18.99
Seated Row/Chinning Bar Revolving w/ PU Ergo Grips	FPD-PB-20	N/A	\$ 27.99
Vertical Machine Bar Rack	FPD-VMBR	N/A	\$ 299.99
<i>Exercise Balls & Storage</i>			
Medicine Ball Rack (5)	FPD-MBA-5-MBA	L-22.76" W-23.9" H-52.6" 20.94 lbs	\$ 93.00
Medicine Ball Rack (10)	FPD-MBR-10-MBR	L-27.3" W-32" H-52.3" 31.97 lbs	\$ 124.00
Rubber Medicine Balls	FPD-H-MB	N/A	
	FPD-H-MB4	Green /Black 4lb	\$ 32.00
	FPD-H-MB6	Yellow/Black6lb	\$ 38.00
	FPD-H-MB8	Orange /Black8lb	\$ 44.00
	FPD-H-MB10	Blue/Black10lb	\$ 48.00
	FPD-H-MB12	Gray/Black12lb	\$ 56.00
	FPD-H-MB15	Purple/Black15lb	\$ 62.00
	FPD-H-MB20	Red/Black20lb	\$ 72.00

Slam Balls	FPD-H-SB	N/A	
	FPD-H-SB-10	10lb	\$ 22.00
	FPD-H-SB-15	15lb	\$ 23.00
	FPD-H-SB-20	20lb	\$ 27.00
	FPD-H-SB-25	25lb	\$ 32.00
	FPD-H-SB-30	30lb	\$ 42.00
	FPD-H-SB-35	35lb	\$ 48.00
	FPD-H-SB-40	40lb	\$ 63.00
	FPD-H-SB-45	45lb	\$ 74.00
	FPD-H-SB-50	50lb	\$ 83.00
	FPD-H-SB-60	60lb	\$ 92.00
Wall/Slam Balls	FPD-Wall/Slam Ball-10	10lb	\$ 66.00
	FPD-Wall/Slam Ball-12	12lb	\$ 70.00
	FPD-Wall/Slam Ball-14	14lb	\$ 75.00
	FPD-Wall/Slam Ball-16	16lb	\$ 82.00
	FPD-Wall/Slam Ball-18	18lb	\$ 80.00
	FPD-Wall/Slam Ball-20	20lb	\$ 86.00
	FPD-Wall/Slam Ball-25	25lb	\$ 96.00
FPD-Wall/Slam Ball-30	30lb	\$ 106.00	
<i>Free Weights & Storage</i>			
Dumbbell Rack	FPD-6230-DR	L-39.76" W-22.64" H-31.7" 71.65 lbs	\$ 248.00
2-Tier Tray Dumbbell/Kettlebell Rack	FPD-HDR80-2 Tier		\$ 494.00
Third Tier Tray for FPD-HDR80	FPD-HDR81-Option Tier		\$ 170.00
Kettlebell Rack	FPD-KR-30-KBR	L-31" W-56.8" H-32.87" 66.14 lbs	\$ 248.00
Power Coated Kettlebells	FPD-KG	N/A	
	FPD-KG4	4kg White	\$ 18.00
	FPD-KG6	6kg Dark Blue	\$ 27.00
	FPD-KG8	8kg Pink	\$ 35.00
	FPD-KG12	12kg Light Blue	\$ 53.00
	FPD-KG16	16kg Yellow	\$ 72.00
	FPD-KG20	20kg Purple	\$ 90.00
	FPD-KG24	24kg Green	\$ 106.00
	FPD-KG28	28kg Orange	\$ 126.00
FPD-KG32	32kg Red	\$ 144.00	
Rubber Hex Dumbbell	FPD-RBHX	N/A	
	FPD-RBHX-3	3lb	\$ 6.00
	FPD-RBHX-5	5lb	\$ 10.00
	FPD-RBHX-8	8lb	\$ 16.00
	FPD-RBHX-10	10lb	\$ 20.00
	FPD-RBHX-12	12lb	\$ 24.00
	FPD-RBHX-15	15lb	\$ 30.00
	FPD-RBHX-17.5	17.5lb	\$ 35.00
	FPD-RBHX-20	20lb	\$ 40.00
	FPD-RBHX-22.5	22.5lb	\$ 45.00
	FPD-RBHX-25	25lb	\$ 50.00
	FPD-RBHX-27.5	27.5lb	\$ 55.00
	FPD-RBHX-30	30lb	\$ 60.00
	FPD-RBHX-35	35lb	\$ 70.00
	FPD-RBHX-40	40lb	\$ 80.00
	FPD-RBHX-45	45lb	\$ 90.00
	FPD-RBHX-50	50lb	\$ 100.00
	FPD-RBHX-55	55lb	\$ 110.00
FPD-RBHX-60	60lb	\$ 120.00	
FPD-RBHX-65	65lb	\$ 130.00	

	FPD-RBHX-70	70lb	\$ 140.00
	FPD-RBHX-75	75lb	\$ 150.00
	FPD-RBHX-80	80lb	\$ 160.00
	FPD-RBHX-85	85lb	\$ 170.00
	FPD-RBHX-90	90lb	\$ 180.00
	FPD-RBHX-95	95lb	\$ 190.00
	FPD-RBHX-100	100lb	\$ 200.00
	FPD-RBHX	Set of 5lb-50lb	\$ 990.00
		Set of 55lbs-100lb	\$ 2,790.00
<i>Flexibility, Plyometric & Misc.</i>			
7" Orange Cone	FPD-OC	N/A	\$ 1.99
Ab Mat	FPD-ABMAT	N/A	\$ 29.99
Balance Pad	FPD-BP	N/A	\$ 43.00
EPE Textured Roller	FPD-EPE-R	N/A	\$ 34.99
Grid Foam Roller	FPD-BGR	N/A	\$ 24.99
Soft 3 'n 1 Plyo Box	FPD-FPB	N/A	\$ 329.99
Wood Balance Board	FPD-WBB	N/A	\$ 34.99
Rope Hook & Anchor Set	FPD-RSH/RA	N/A	\$ 49.99
Battle Rope	FPD-BR	N/A	
	FPD-BR-30FT	30ft	\$ 99.99
	FPD-BR-50FT	50ft	\$ 129.99
Training Ladder	FPD-TL	N/A	
	FPD-TL-5M	5M -16'4"	\$ 29.99
	FPD-TL-10M	10M-32'8"	\$ 44.99
Foam plyo boxes	FPD-FPB	N/A	
	FPD-FPB-3	3"	\$ 129.99
	FPD-FPB-6	6"	\$ 159.99
	FPD-FPB-12	12"	\$ 249.99
	FPD-FPB-18	18"	\$ 349.99
	FPD-FPB-24	24"	\$ 449.99
Power Tube	FPD-MB	N/A	
	FPD-PT-10	Power Tube 10lb	\$ 22.00
	FPD-PT-15	Power Tube 15lb	\$ 23.00
	FPD-PT-20	Power Tube 20lb	\$ 25.00
	FPD-PT-25	Power Tube 25lb	\$ 27.00
	FPD-PT-30	Power Tube 30lb	\$ 28.00
	FPD-PT-35	Power Tube 35lb	\$ 34.99
	FPD-PT-40	Power Tube 40lb	\$ 34.99
Strength Bands	FPD-SB	N/A	
	FPD-SB.25	2 - 5lbs Orange 1/4"	\$ 9.99
	FPD-SB.5	5 - 35lbs Red 0.5"	\$ 12.99
	FPD-SB.8125	10 - 50lbs Purple 0.8"	\$ 17.99
	FPD-SB1.25	25 - 80lbs Green 1.12"	\$ 19.99
	FPD-SB1.75	50 -120-lbs Blue 1.75"	\$ 29.99
	FPD-SB2.5	60- 150lbs Light Green 2.5"	\$ 39.99
	FPD-SB3.25	70 - 170lbs Dark Grey 3.25"	\$ 49.99
FPD-SB4.5	80-200 lbs Black 4"	\$ 54.99	
Thin Loops	FPD-TLR	N/A	
	FPD-TLY	Yellow, 12" x 2" x 0.50mm	\$ 3.00
	FPD-TLG	Green, 12" x 2" x 0.70mm	\$ 4.20

11mm Loops

FPD-TLR	Red, 12" x 2" x 0.90mm	\$	3.99
FPD-TLB1	Blue, 12" x 2" x 1.10mm	\$	7.00
FPD-TLB2	Black, 12" x 2" x 1.30mm	\$	7.70